

March Independent Living 2018


Activity Office
8:00 a.m.-4:00 p.m.
Mon.- Fri.
April x1330
???? x1335

Sat./Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Birthdays
31 8:30 Pedicures (Dr.'s Rm.) 2:00 Coloring (FR)	<u>Room Location Code</u> 1E Solarium—1st Floor past Hosp. Ct. Bank Rm. - 3 rd Floor C-Cove 2nd floor CH - Chapel - 1 st floor Cafe - 2 nd floor Dr.'s Rm-3rd floor Ex. Rm.-1st floor	FR - Family Room-1 st floor HC - Hosp. Court - 1 st floor HE—Harbor East 3rd floor N-Neighborhood 3rd floor		7:00 Check-ups A-D 10:00 Walmart 9:15 Chapel "Carolyn Raffensperger" 10:30 "Loosen Up" (Ex. Rm.) 2:30 Lewis & Clark Documentary Pt. 2 (FR) 6:00 Game Night (FR & Cafe)	9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) 9:50 Choir Rehearsal (CH) 10:45 Bell Rehearsal (CH) 2:30 New Resident Welcome (FR) 6:00 Game Night (FR & Cafe)	2 Jim Dellorto DP Robert Walker DP 3 Lillian Reinertsen IL Lorraine Seagren IL 5 Rosemary Johnson HC Bill Kapfer HC 6 Faith Hanson DP 7 Esther Gustafson IL David Roen IL
3 2:00 Coloring (FR) 10:20 Worship Service (CH)	4 9:00 Sit & Fit (Ex. Rm.) 10:00 Bible Study Philippians 4:1-9 with Chaplain David (CH) 1:30 Resident Council (Conf. Rm.) 2:30 Q&A with Sheriff Gary Caruana (CH) FL Supper	5 9:15 Chapel "Phil DelRe" 10:00 Walmart & Stores 10:45-11:15 Mogli with Kaylin and Kids (FR) 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 7:00 2nd City Chorus (CH) 8:00 Social (FR)	6 9:00 Sit & Fit (Ex. Rm.) 10:00 Prayer & Share (FR) 12:30-2:30 Alpine Bank (Bank Rm.) 1:30 Knitting/Crochet Group (FR) 2:30 Special Spring Bingo! (FR)	7 7:00 Check-ups E-K 9:15 Chapel "Dan Wynard" 10:00 Walmart 10:30 "Loosen Up" (Ex. Rm.) 2:30 Men's Group (FR) 6:00 Game Night (FR & Cafe)	8 9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) 9:50 Choir Rehearsal (CH) 10:45 Bell Rehearsal (CH) 2:30 Travelogue "Northern Ireland and Scotland's Islands & Highlands" (FR) 6:00 Game Night (FR & Cafe)	8 Shoko Chien DP 9 Luella Vandervort DP Erling Reinertsen IL 12 Rose Marie Burwell HC Milt Lindquist IL Alice Quillen HC 13 Geri Chapman N 14 Ray Treadway HC 16 Frank Wahl IL 18 Paul Christianson IL
10 8:30 Pedicures (Dr.'s Rm.) 2:00 Coloring (FR) 10:20 Worship Service (CH)	11 9:00 Sit & Fit (Ex. Rm.) 10:00 Bible Study Philippians 4:10-23 with Chaplain David (CH) 2:30 Spring Wreath Craft (FR) FL Supper	12 9:15 Communion (CH) "Chaplain Arnie" 10:00 Walmart & Stores 1:00 Skip-Bo (FR) 2:00 Bowling (FR)	13 9:00 Sit & Fit (Ex. Rm.) 10:00 Prayer & Share (FR) 10:00 FL Resident Council 12:30-2:30 Alpine Bank (Bank Rm.) 1:30 Knitting/Crochet Group (FR) 2:00 "First Impressions" Dedication (CH) 3:00-5:00 Open House Tours/Refreshments 6:30 Concert with Jodi Beach (CH)	14 7:00 Check-ups L-P 9:15 Chapel "Paul Bengston" 10:00 Walmart 10:00 Ministers & Missionaries Fellowship (CH Breakout Rm.) 10:30 "Loosen Up" (Ex. Rm.) 2:30 Truth or Blarney? (FR) 6:00 Game Night (FR & Cafe)	15 9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) 9:50 Choir Rehearsal (CH) 10:45 Bell Rehearsal (CH) 2:00 Movie & Popcorn "The Quiet Man" (FR) 6:00 Game Night (FR & Cafe)	20 Arleen Wahlgren N 21 Val Szczepanski DP 22 John Hoefling DP Delores Russell IL 24 Muriel Olenik DP 27 Ardie Johnson DP 28 Eleanor Anderson IL 29 David Tregay DP 30 Margie Lamb HC Charles Nichols IL Earl Bauby Jr DP
17 2:00 Coloring (FR) 10:20 Worship Service (CH)	18 9:00 Sit & Fit (Ex. Rm.) 10:00 Bible Study "Easter-What Does it Mean?" with Chaplain David (CH) 2:30 The National Parks (FR) "This is America" 1933-1945 (Pt. 2) FL Supper	19 6:00 a.m.—7:00 p.m. Preliminary Election 9:15 Chapel "David Ahrends" 10:00 Walmart & Stores 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 6:30 Hymn Sing with Jeff Rohl (FR) 7:30 Social	20 9:00 Sit & Fit (Ex Rm) 10:00 Prayer & Share (FR) 12:30-2:30 Alpine Bank (Bank Rm) 1:30 Knitting & Crochet Group (FR) 2:30 Volleyball (CH)	21 7:00 Check-ups Q-Z 9:15 Chapel "Jim Harness" (CH) 9:45 Marshall Elementary 1st Graders Performance (CH) 10:30 "Loosen Up" (Ex. Rm.) 1:00 Salvation Army Store Trip 2:30 Make Door Pulls with Charlotte (FR) 6:00 Game Night (FR & Cafe)	22 9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) 9:50 Choir Rehearsal (CH) 10:45 Bell Rehearsal (CH) 2:30 The Warner E. Sallman Art Collection "Head of Christ" (CH) 6:00 Game Night (FR & Cafe)	31 Jenny Love DP
24 2:00 Coloring (FR) 10:20 Worship Service (CH)	25 9:00 Sit & Fit (Ex. Rm.) 10:00 Bible Study "Easter-What Does it Mean?" with Chaplain David (CH) 2:00 Movie & Popcorn "The Resurrection of Gavin Stone" (CH) FL Supper	26 9:15 Chapel "Norm Collins" 10:00 Walmart & Stores 1:00 Eye Glass Clinic (Bank Rm.) 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 3:30 Birthday Party Set Up (Hosp. Ct.) 7:00 Birthday Party (Hosp. Ct.)	27 9:00 Sit & Fit (Ex Rm) 10:00 Prayer & Share (FR) 12:30-2:30 Alpine Bank (Bank Rm.) 1:15-2:00 Hearing Aid Clinic (Dr.'s Rm.) 1:30 Knitting/Crochet Group (FR) 2:30 Decorate Easter Eggs (FR)	28 10:30 "Loosen Up" (Ex. Rm.) 10:00 Walmart 1:30 Choir/Bell Rehearsal (CH) 2:30 Good Friday Service (FR) 6:00 Game Night (FR & Cafe)	2:30 Dominos, Skip-Bo, (FR) Rummikub or Checkers 6:00 Game Night (FR & Cafe)	5 Ellis & Doris Powell 21 Carson & Shirley Gipson 30 Donald & Elean Wresch



March 2018 Cove, Neighborhood & Harbor East

Office Hours—Mary Brouer
 Mon., Wed., Thurs., Fri.
 9:00 a.m. - 5:15 p.m.
 Tues., 1:15-5:15
 X 1416

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Key HE—Harbor East Living Rm. (3rd) N—Neighborhood (3rd) C—Cove (2nd) HC—Hospitality Court (1st) CH—Chapel (1st) Cafe—(2nd) FR—Family Rm. (1st) FR—Family Room (1st)</p>				7:00 Check-ups A-D 9:15 Chapel “Carolyn Raffensperger” 10:15 Exercise with Mary (HE Living Rm.) 2:30 Lewis & Clark Documentary Pt. 2(FR) 4:00 Room Visits	9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) 9:50 Choir Rehearsal (CH) 10:45 Bell Rehearsal (CH) 2:30 Bingo (HE Living Rm.) 4:00 Games (HE Living Rm.)	Coffee & Cookies 2:00 –2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 4	10:00 Bible Study Philippians 4:1-9 with Chaplain David (CH) 10:15 Exercise with Mary (HE Living Rm.) 2:30 Q&A with Sheriff Gary Caruana (CH) 3:00 Spring Craft (HE Living Rm.)	9:15 Chapel “Phil DelRe” 10:15 Exercise with April (HE Living Rm.) 10:45-11:15 Mogli with Kaylin and Kids (FR) 2:30 Bingo (HE Living Rm.) 4:00 Room Visits 7:00 2nd City Chorus (CH) 8:00 Social (FR)	10:00 Prayer & Share (FR) 10:15 Exercise with Mary (HE Living Rm.) 1:00 Nice Nails (N) 1:30 Knitting/Crochet Group (FR) 2:30 Word Games (HE Living Rm.)	7:00 Check-ups E-K 9:15 Chapel “Dan Wynard” 10:15 Exercise with Mary (HE Living Rm.) 2:30 Men’s Group (FR) 4:00 Active Games (HE Living Rm.)	9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) 9:50 Choir Rehearsal (CH) 10:45 Bell Rehearsal (CH) 2:30 Travelogue “Northern Ireland & Scotland’s Islands & Highlands” (FR) 4:00 Games (HE Living Rm.)	Coffee & Cookies 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 11	10:00 Bible Study Philippians 4:10-23 with Chaplain David (CH) 10:15 Exercise with Mary (HE Living Rm.) 2:30 Cooking Club (Hosp. Ct.)	9:15 Communion “Chaplain Arnie” 10:15 Exercise with April (HE Living Rm.) 2:30 Bingo (HE Living Rm.) 4:00 Room Visits Happy Birthday Geri Chapman! (N)	10:00 Prayer & Share (FR) 10:15 Exercise with Mary (HE Living Rm.) 1:00 Nice Nails (N) 1:30 Knitting/Crochet Group (FR) 2:00 “First Impressions” Dedication (CH) 3:00-5:00 Open House Tours/ Refreshments 6:30 Concert with Jodi Beach (CH)	7:00 Check-ups L-P 9:15 Chapel “Paul Bengston” 10:00 Ministers & Missionaries Fellowship (CH Break Out Rm.) 10:15 Exercise with Mary (HE Living Rm.) 2:30 Truth or Blarney? (FR) 4:00 Room Visits	9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) 9:50 Choir Rehearsal (CH) 10:45 Bell Rehearsal (Hosp. Ct.) 2:00 Movie & Popcorn (FR) “The Quiet Man” 4:00 Games (HE Living Rm.)	Coffee & Cookies 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 18	10:00 Bible Study “Easter– What Does it Mean?” With Chaplain David (CH) 10:15 Exercise with Mary (HE Living Rm.) 2:30 The National Parks (FR) “This is America” 1933-1945 (Pt. 2)	Preliminary Election! 9:15 Chapel “David Ahrends” 10:15 Exercise with April (HE Living Rm.) 2:30 News Currents (HE Living Rm.) 4:00 Room Visits 6:30 Hymn Sing with Jeff Rohl 7:30 Social (FR) Happy Birthday Arleen Wahlgren! (N)	10:00 Prayer & Share (FR) 10:15 Exercise with Mary (HE Living Rm.) 1:00 Nice Nails (N) 1:30 Knitting/Crochet Group (FR) 2:30 Volleyball (CH)	7:00 Check-ups Q-Z 9:15 Chapel “Jim Harness” 9:45 Marshall Elementary 1st Graders Performance (CH) 10:30 Exercise with Mary (HE Living Rm.) 2:30 Make Door Pulls with Charlotte (FR) 4:00 Room Visits	9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) 9:50 Choir Rehearsal (CH.) 10:45 Bell Rehearsal (CH.) 2:30 Leroy Carlson Art Collection of Warner E. Sallman “Head of Christ” 4:00 Games (HE Living Rm.)	Coffee & Cookies 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 25	10:00 Bible Study “Easter– What Does it Mean?” with Chaplain David (CH) 10:15 Exercise with Mary (HE Living Rm.) 2:00 Movie & Popcorn “The Resurrection of Gavin Stone” (CH)	9:15 Chapel “Norm Collins” 10:15 Exercise with April (HE Living Rm.) 1:00-2:00 Eye Glass Clinic (Bank Rm.) 2:30 Birthday Party Resident Council (HE Living Rm.) 4:00 Room Visits 7:00 Birthday Party (Hosp. Ct.)	10:00 Prayer & Share (FR) 10:00 Exercise with Mary (HE Living Rm.) 1:00 Nice Nails (N) 1:15-2:00 Hearing Aid Clinic (Dr.’s Rm.) 1:30 Knitting/Crochet Group (FR) 2:30 Decorate Easter Eggs (HE Living Rm.)	10:15 Exercise with Mary (HE Living Rm.) 1:30 Choir Rehearsal (CH) 2:30 Good Friday Service (CH) 4:00 Room Visits	Good Friday 	Coffee & Cookies 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove

Health Center - 2nd Floor

MARCH 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
ALL Activities Are Subject To Change			<u>HAPPY BIRTHDAY</u> RoseMary Johnson 5th Wilbert Kapfer 5th Margie Lamb 30th		¹ Hang Calendars 10:15 News Currents Easter Décor 3:30 Magic Moments	² 9:30 - 11 Nails * 11:00 Seek & Find 1 - 2 Room Reads 3:00 Social - Coffee & Cinnamon Rolls 4:00 Touched by an Angel	³ 9:40 - 10:10 Crossword 3:00 Doris Day: Calamity Jane
⁴ 10:00 First Free Service, Chn. 8 3:45 - 4:30 Bingo	⁵ SATURDAYS 3:00 PM DORIS DAY Movies 10:00 Wii of Fortune 10:40 Exercises 2:00 1st Cov. Com. 2:30 Sheriff Gary Caruana - Chapel 4:15 Hangman 1	⁶ 10:15 Chapel 10:30 Biography 1 - 2 Variety Visits 3:00 Uno 4:15 Mixed - Up 7:00 2nd City Chorus	⁷ 9:15 Catholic Com 10:00 Bingo 1:50 - 2:10 Mya (dog) 2:30 What's Missing 4:15 Hymns w/Deb	⁸ 10:15 Chapel 10:30 Poems * 11:00 Table Time 2:30 Crossword 3:30 Table Game	⁹ 10:00 Irish Tenors (L) *10:45 Smells 2:30 Casino (2) Afternoon 4:00 Johnny Carson	¹⁰ 9:40 - 10:10 Scattogories 3:00 Doris Day: Please Don't Eat the Daisies	
¹¹ 10:00 First Free Service, Chn. 8 3:45 - 4:30 Bingo	¹² 10:00 Pictionary 10:30 Exercise * 11:00 Table Time 2:30 Craft 4:15 Name that Tune	¹³ 10:00 Travelogue 10:15 Chapel & Com. 1 - 2:30 Door to Door 3:15 Open Hour 4:15 Crossword 6:45 Cadbury	¹⁴ 9:15 Catholic Com 10:00 Bingo 1:50 - 2:10 Toby (dog) 2:30 Celtic Thunder 4:15 Irish Category	¹⁵ 10:00 Deal or No Deal 2:30 Face Down *3:30 Sensory 4:15 News Currents	¹⁶ 9:30 - 11 Nails * 11:00 Lotions 1 - 2 Dakim 2:45 Kit & Keys & (3) St. Patrick Social 4:00 The Waltons	¹⁷ 9:40 - 10:20 Word Games 3:00 The Quiet Man John Wayne	
¹⁸ 10:00 First Free Service, Chn. 8 3:45 - 4:30 Bingo	¹⁹ 10:00 Wii Game 10:40 Exercise Angel Visits 2:30 Make & Enjoy Pistachio Pudding 4:15 Crossword	²⁰ 10:15 Chapel 10:30 1st Day of Spring 1- 5 VOTING or Indoor Walks 7:00 Sing - Along	²¹ 9:15 Catholic Com 10:00 Bingo 1:50 - 2:10 Mya (dog) 3:15 Resident Council Meeting (2) 4:15 Hangman 2	²² 10:00 Magic (L) Moments *10:45 Animal Toys 1 - 2 Room Reads 2:45 Bunco 4:15 News Currents	²³ 10:00 Story Telling *11:00 Table Time 1 - 2 Variety Visits 3:00 Birthday Party 4:00 Andy Griffith	²⁴ 9:40 - 10:10 Crossword 3:00 Doris Day: Love Me or Leave Me	
²⁵ 10:00 First Free Service 3:45 - 4:30 Bingo	²⁶ 10:00 Charades 10:30 Exercise * 11:00 Table Time 2:30 Chip Messiner & Root Beer Floats (3) 4:15 Categories	²⁷ 10:15 Chapel 10:30 Mystery Ways 2 - 4 The Café (old coffee shop) 4:15 Outburst 6:45 Music Video	²⁸ 9:15 Catholic Com 10:00 Bingo 1:50 - 2:10 Toby (dog) 3:00 Card Game 4:15 Crossword	²⁹ 9:30 - 11:30 Nails 2:30 Good Friday Service - Chapel 4:15 News Currents	³⁰ GOOD FRIDAY 9:40 - 10:10 Easter Readings & Reminisce 3:20 - 4:00 Bingo	³¹ 9:40 - 10:10 Readings 3:00 Doris Day: Romance on the High Seas	

Health Center - 3rd Floor

All Activities are Subject to Change

MARCH 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SATURDAYS 3:00 PM Katherine Hepburn & Tracy Spencer Movies</p>						
<p>HAPPY BIRTHDAY Alice Quillen 12th Rose Marie Burwell 12th Ray Treadway 14th</p>						
<p>HAPPY ANNIVERSARY Ellis & Doris Powell March 5th</p>						
<p>10:00 First Free Service ⁴ 2:00 Hallmark Movie - Chn. 8</p>	<p>10:00 Story Telling ⁵ *11:00 Table Time 2:00 1st Cov. Com. 2:30 Sherriff Caruana 4:30 Bananza</p>	<p>10:00 Poems & Psalms 10:35 Chapel ⁶ 1:30 - 3:30 Walks 4:30 Word Games 7:00 2nd City Chorus</p>	<p>9:15 Catholic Com. 10:30 Bingo ⁷ 1:30 - 1:50 Mya (dog) 2:45 Coloring & Music 4:30 Crossword</p>	<p>10:00 Music Video ⁸ 10:45 Chapel 1 - 2 Variety Visits 3:00 Card Game * 3:30 Sights & Sounds 4:30 Hangman 1</p>	<p>10:00 Travelogue (L) ² *10:45 Lotions 1 - 2:30 Dakim 3:30 Social - Coffee & Cinnamon Rolls 4:15 News Currents</p>	<p>10:40 - 11:20 Bingo ³ 3:00 Movie: Woman of The Year</p>
<p>10:00 First Free Service ¹¹ 2:00 Hallmark Movie - Chn. 8</p>	<p>10:00 Who, What, and When ¹² *11:00 Table Time 1 - 2 Room Reads 2:30 Exercises 3:00 Bunco 4:30 Dick Van Dyke</p>	<p>9:45 Celtic Thunder 10:35 Chapel & Com. ¹³ 1:30 - 3 Dakim 3:30 Crossword 4:30 Irish Category 7:00 Cadbury Visit</p>	<p>9:15 Catholic Com ¹⁴ 10:30 Bingo 1:30 - 1:50 Toby (dog) 2:30 Cooking Club 4:30 Hymns w/Deb</p>	<p>9:45 Exercise ¹⁵ 10:15 Target Toss *11:00 Seek & Find 3:00 Uno 4:30 Truth or Blarney</p>	<p>10:00 Tracy Spencer Legacy (L) ¹⁶ *10:45 Lotions 2:45 Kit & Keys St. Patrick Social 4:30 News Currents</p>	<p>10:40 - 11:20 Bingo ¹⁷ 2:30 Music Video: Irish Tenors</p>
<p>10:00 First Free Service ¹⁸ 2:00 Hallmark Movie - Chn. 8</p>	<p>9:30 - 11:30 Spa Morning ¹⁹ Angel Visit 2:30 Exercises 3:00 Face Down 4:30 Andy Griffith</p>	<p>10:00 1st Day of Spring ²⁰ 10:35 Chapel 1 - 5 VOTING or Indoor Walks 7:00 Sing-Along</p>	<p>9:15 Catholic Com ²¹ 10:30 Bingo 1:30 - 1:50 Mya (dog) 3:15 Resident Council 4:30 Crossword</p>	<p>9:45 Exercise ²² 10:15 Balloon Ball 1 - 2 Dakim 3:00 Table Game * 3:15 Animal Toys 4:30 Hangman 2</p>	<p>10:00 Deal or No Deal ²³ *10:30 Variety Visits 1 - 2 Variety Visits 2:30 Birthday Party 4:30 News Currents</p>	<p>10:40 - 11:20 Bingo ²⁴ 3:00 Movie: Adam's Rib</p>
<p>10:00 First Free Service ²⁵ 2:00 Hallmark Movie - Chn. 8</p>	<p>9:30 - 11 Nice Nails ²⁶ *11:00 Table Time 1 - 2 Room Reads 2:45 Chip Messiner & Root Beer Floats 4:30 Johnny Carson</p>	<p>9:45 Hymn Sing ²⁷ 10:35 Chapel 2 - 4 The Café (old coffee shop) 4:30 Biography</p>	<p>9:15 Catholic Com ²⁸ 10:30 Bingo 1:30 - 1:50 Toby (dog) 2:30 Craft 4:30 Crossword</p>	<p>9:45 Exercise ²⁹ 10:15 Bean Bag Toss 2:30 Good Friday Service: Chapel 4:30 Word Games</p>	<p>GOOD FRIDAY ³⁰ 10:40 - 11:20 Easter Readings & Reminisce 2:00 - 2:40 Easter Trivia & Games</p>	<p>10:40 - 11:20 Bingo ³¹ 3:00 Movie: Bringing Up Baby</p>