



INDEPENDENT LIVING

JULY 2017

Activity Office
 8:00 a.m.-4:00 p.m.
 Mon.- Fri.
 Tina x1330
 April x1335

Sat./Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Birthdays
1 2:00 Coloring (FR) 10:20 Worship Service (CH)	9:00 Sit & Fit (Ex. Rm) 3 10:00 Community Bible Study "Acts Ch. 3" with Chaplain David (CH) 2:00 Independence Day Celebration (Front Circle) FL Picnic	2:00 Skip-Bo (FR) 4 6:30 Music in the Hosp. Ct. With Ralph Colburn 	9:00 Sit & Fit (Ex. Rm.) 5 10:00 Prayer & Share (FR) 12:30-2:30 Alpine Bank (Bank Rm) 1:30 Knitting/Crochet Group (FR) 2:00 Shari Soltis Retirement Social (HE Living Rm.)	7:00 Check-ups A-D 6 9:15 Chapel "Arnie Conrad" 10:30 "Loosen Up" (Ex. Rm.) 1:00-3:00 Mogli (Ex. Rm.) 1:30 Summer Drive & Ice Cream (FR) 2:30 Learn how to play "Rook" (FR) 6:00 Game Night (CS & FR)	9:00 Exercise - Ch.8 7 10:30 Bible Reading (FR) 1:00 Tram Rides 2:30 New Resident Welcome (FR) 6:00 Game Night (CS & FR)	1 Orville Jonland IL 2 Shirley Bennett DP 3 Julie Nyberg DP 6 Louise Hemenway DP Janice Harness DP 7 Mary Lou Dickinson C 8 Roger Sutton IL 10 Sharon Nelson DP 14 Willard Bjornstad HC Bill Nelson DP 17 Joan Boettcher IL 19 Carol Chambers IL 21 Harriett Goldy DP 22 Irene McGlynn DP 24 John Johanson HC 25 JoEllen Anderson DP 26 Dorothy Berger DP Carson Gipson DP 28 Mary Mezner DP Joan Erickson DP David Swift DP 30 Karen Anderson DP 31 Dennis Olenik DP Norma Nilsen HC Shirley Larson-HC Peterson IL Donald Sutton IL
8 2:00 Coloring (FR) 10:20 Worship Service (CH)	9:00 Sit & Fit (Ex. Rm) 10 10:00 Community Bible Study "Acts Ch. 4" with Chaplain David (CH) 12:00 IL Picnic (FR Patio) 1:00 Tram Rides 1:30 Resident Council (Conf. Rm.) 2:30 Travelogue-Caesar's Rome and Rome: Baroque after Dark FL Picnic	9:15 Communion "Chaplain Rick Burkett" 11 10:00 Walmart & Stores 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 6:30 Firepit Sing-along with Ace Holsinger (Chapel Courtyard)	Library Books are Due! 9:00 Sit & Fit (Ex. Rm.) 12 10:00 Prayer & Share (FR) 10:00 FL Res. Council (Conf. Rm) 12:00 FL Picnic (FR Patio) 12:30-2:30 Alpine Bank (Bank Rm) 1:00 Tram Rides 1:30 Knitting/Crochet Group (FR) 2:30 Volleyball (CH)	7:00 Check-ups E-K 13 9:15 Chapel "Mike Mirakian" 10:00 Walmart 10:30 "Loosen Up" (Ex. Rm.) 2:00 Movie & Popcorn "On Moon Light Bay" (FR) 6:00 Game Night (CS & FR)	9:00 Exercise - Ch. 8 14 10:30 Bible Reading 1:00 Tram Rides 2:30 Tom Stanfield (CH) 6:00 Game Night (CS & FR)	14 Willard Bjornstad HC Bill Nelson DP 17 Joan Boettcher IL 19 Carol Chambers IL 21 Harriett Goldy DP 22 Irene McGlynn DP 24 John Johanson HC 25 JoEllen Anderson DP 26 Dorothy Berger DP Carson Gipson DP 28 Mary Mezner DP Joan Erickson DP David Swift DP 30 Karen Anderson DP 31 Dennis Olenik DP Norma Nilsen HC Shirley Larson-HC Peterson IL Donald Sutton IL
15 2:00 Coloring (FR) 10:20 Worship Service (CH)	9:00 Sit & Fit (Ex. Rm) 17 10:00 Community Bible Study "Acts Ch. 5" with Chaplain David (CH) 1:00 Tram Rides 2:30 Paper Flower Craft (FR) FL Picnic	9:15 Chapel "Brian Ogne" 18 10:00 Walmart 1:00 Skip-Bo (FR) 3:00 Memorial Service (CH) 6:30 Hymn Sing with Howard Hulme (CH) 7:30 Social (CH)	8:30 IL/FL Breakfast (FR Patio) 19 9:00 Sit & Fit (Ex. Rm.) 10:00 Prayer & Share (FR) 12:30-2:30 Alpine Bank (Bank Rm) 1:00 Tram Rides 1:30 Knitting/Crochet Group (FR) 2:30 News Currents (FR)	7:00 Check-ups L-P 20 9:15 Chapel "Mitch Saylor" 10:00 Ministers & Missionaries (CH Left Side Break Out Rm.) 10:00 Walmart 10:30 "Loosen Up" (Ex. Rm.) 1:00 Presentation by Kaylin (Ex Rm) "10 Healthy Foods" 2:30 "Great Moments of the 20th Century" 1990-2000 (FR) 6:00 Game Night (CS & FR)	9:00 Exercise - Ch. 8 21 10:30 Bible Reading 1:00 Tram Rides 2:00 Out Door Games & Ice Cream Novelties (FR Backyard) 6:00 Game Night (CS & FR)	26 Dorothy Berger DP Carson Gipson DP 28 Mary Mezner DP Joan Erickson DP David Swift DP 30 Karen Anderson DP 31 Dennis Olenik DP Norma Nilsen HC Shirley Larson-HC Peterson IL Donald Sutton IL
22 8:00 Senior Pedicures(Dr.'s Rm) 2:00 Coloring (FR) 10:20 Worship Service (CH)	9:00 Sit & Fit (Ex. Rm) 24 10:00 Community Bible Study "Acts Ch. 6" with Chaplain David (CH) 1:00 Tram Rides 2:30 Decorate Cookies (FR) FL Picnic	9:15 Chapel "Ken Olenik" 25 10:00 Walmart & Stores 1:00-2:00 Eye Glass World (Bank Rm.) 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 3:30 Birthday Party Set Up (HC) 7:00 Birthday Party (HC)	9:00 Sit & Fit (Ex Rm) 26 10:00 Prayer & Share (FR) 12:30-2:30 Alpine Bank (Bank Rm) 1:00 Tram Rides 1:15-2:00 Hearing Aid Clinic (Dr.'s Rm.) 1:30 Knitting/Crochet Group (FR) 3:00 Christmas Bingo (FR)	9:00 Check-ups Q-Z 27 9:15 Chapel "Gary Kniseley" 10:00 Walmart 10:30 "Loosen Up" (Ex. Rm.) 2:00 Movie & Popcorn "White Christmas" (FR) 6:00 Game Night (CS & FR)	9:00 Exercise - Ch. 8 28 10:30 Bible Reading 1:00 Tram Rides 2:30 Not Your Traditional Christmas Party (FR) 6:00 Game Night (CS & FR)	2 John & Shirley Olson 10 Owen & JoEllen Anderson 19 John & Shirley Bennett 30 Tom & Ginny Watson
29 2:00 Coloring (FR) 10:20 Worship Service (CH)	9:00 Sit & Fit (Ex. Rm) 31 10:00 Community Bible Study "Acts Ch. 7" with Chaplain David (CH) 1:00 Tram Rides 2:30 National Parks "The Last Refuge" Pt. 1 (FR) FL Picnic			<u>Room Location Code</u> 1E Solarium—1st Floor past Hosp. Ct. Bank Rm. - 3 rd Floor C-Cove 2nd floor CH - Chapel - 1 st floor CS - Coffee Shop-2 nd floor Dr.'s Rm-3rd floor	FR - Family Room-1 st floor HC - Hosp. Court - 1 st floor HE—Harbor East 3rd floor N-Neighborhood 3rd floor	<u>Anniversaries</u> 2 John & Shirley Olson 10 Owen & JoEllen Anderson 19 John & Shirley Bennett 30 Tom & Ginny Watson

July 2017 Cove, Neighborhood & Harbor East

Office Hours—Shari
 Mon.- Fri.
 9:00 a.m. - 4:30 p.m.
 X 1416

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:20 Worship Service (Chapel) 30	10:00 Community Bible Study "You've Got Mail" Rev. Ch. 2 & 3 with Chaplain David (CH) 10:15 News Currents (HE Living Rm) 1:00 Tram Rides 2:30 National Parks "The Last Refuge" Pt. 1 (FR)	 Coffee & Cookies 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove				Coffee & Cookies 1 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 2	10:00 Community Bible Study "Acts Ch. 3" with Chaplain David (CH) 2:00 Independence Day Celebration! (Front Circle)	10:00 Prayer & Share (FR) 10:00 Move to Music (N) 10:00 Cards (C) 1:30 Knitting/Crochet Group (FR) 2:00 Shari Soltis Retirement Party (HE Living Rm.)	7:00 Check-ups A-D 9:15 Chapel (CH) "Arnie Conrad" 10:15 Exercise with Mary (HE Living Rm.) 1:00 Nice Nails (N) 2:30 Bingo (HE Living Rm.)	9:00 Exercise-Ch. 8 10:30 Bible Reading (FR) 1:00 Tram Rides 2:00 Out Door Fun or Games With Ice Cream Novelties (Front Door) Happy Birthday Mary Lou Dickinson!!	10:00 Community Bible Study "Acts Ch. 3" with Chaplain David (CH) 2:00 Independence Day Celebration! (Front Circle)	Coffee & Cookies 8 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 9	10:00 Community Bible Study "Acts Ch. 4" with Chaplain David (CH) 10:00 Dominos & Face Down (HE Living Rm.) 1:00 Tram Rides 2:30 Travelogue—Caesar's Rome & Rome: Baroque after dark (HE Living Rm.)	9:15 Communion (CH) "Chaplain Rick Burkett" 10:15 Exercise with Tina (HE Living Rm.) 2:30 Bingo (HE Living Rm.) 6:30 Fire Pit Sing-along with "Ace Holsinger" (Chapel Courtyard)	Public Library Books Due 10:00 Prayer & Share (FR) 10:00 Move to Music (N) 10:00 Cards (C) 1:00 Nice Nails (N) 1:00 Tram Rides 1:30 Knitting/Crochet Group (FR) 2:30 Volleyball (CH)	7:00 Check-ups E-K 9:15 Chapel "Mike Mirakian" 10:00 Ministers & Missionaries Fellowship (CH) 10:15 Exercise with Tina (HE Living Rm.) 2:00 Movie & Popcorn "On Moon Light Bay" (FR)	10:00 Community Bible Study "Acts Ch. 4" with Chaplain David (CH) 10:00 Dominos & Face Down (HE Living Rm.) 1:00 Tram Rides 2:30 Travelogue—Caesar's Rome & Rome: Baroque after dark (HE Living Rm.)	Coffee & Cookies 15 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 16	10:00 Community Bible Study "Acts Ch. 5" with Chaplain David (CH) 10:15 Art with Mary (HE Living Rm.) 1:00 Tram Rides 1:30 Drive & Ice Cream 2:30 Movie (HE Living Rm.)	9:15 Chapel (CH) "Brian Ogne" 10:15 Exercise with Tina (HE Living Rm.) 2:30 Cards for Kids (HE Living Rm.) 3:00 Memorial Service (CH) 6:30 Hymn Sing with Howard Hulmes (CH) 7:30 Social (FR)	10:00 Prayer & Share (FR) 10:00 Move to Music (N) 10:00 Cards (C) 1:00 Nice Nails (N) 1:00 Tram Ride 1:30 Knitting/Crochet Group (FR) 2:30 News Currents (HE Living Rm.)	7:00 Check-ups L-P 9:15 Chapel "Mitch Saylor" 10:15 Exercise with Mary (HE Living Rm.) 1:30 Drive & Ice Cream 2:30 "Great Moments of the 20th Century" 1990-2000 (FR)	10:00 Community Bible Study "Acts Ch. 5" with Chaplain David (CH) 10:15 Art with Mary (HE Living Rm.) 1:00 Tram Rides 1:30 Drive & Ice Cream 2:30 Movie (HE Living Rm.)	Coffee & Cookies 22 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 23	10:00 Community Bible Study "Acts Ch. 6" with Chaplain David (CH) 10:15 Christmas Word Games! (HE Living Rm.) 1:00 Tram Rides 2:30 Decorate Christmas Cookies (FR)	9:15 Chapel (CH) "Ken Olenik" 10:15 Exercise with Tina (HE Living Rm.) 1:00-2:00 Eye Glass World (Bank Rm.) 2:00 Birthday Party/Resident Council (HE Living Rm.) 7:00 Birthday Party (HC)	10:00 Prayer & Share (FR) 10:00 Move to Music (N) 10:00 Cards (C) 12:00 Picnic (FR Backyard Patio) 1:00 Nice Nails (N) 1:15-2:00 Hearing Aid Clinic (Dr.'s Rm.) 1:30 Knitting/Crochet Group (FR) 2:30 Christmas Bingo (HE Living Rm.)	7:00 Check-ups Q-Z 9:15 Chapel "Gary Kniseley" 10:00 Exercise with Mary (HE Living Rm.) 2:00 Movie & Popcorn "White Christmas" (FR)	10:00 Community Bible Study "Acts Ch. 6" with Chaplain David (CH) 10:15 Christmas Word Games! (HE Living Rm.) 1:00 Tram Rides 2:30 Decorate Christmas Cookies (FR)	<p>Key</p> HE—Harbor East Living Rm. (2nd) N—Neighborhood (3rd) C—Cove (2nd) HC—Hosp. Court (1st) CH—Chapel (1st) CS—Coffee Shop (2nd) EX—Exercise Rm. (1st) FR—Family Room (1st)

Health Center - 2nd Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="font-size: 4em; margin: 0;">JULY 2017</h1>						<p>9:40 - 10:10 1 The Caribbean 2:30 Movie: Heartland Son</p>
				<p><u>HAPPY BIRTHDAY</u> Jean Glauert 13th Norma Nilson 31st Willard Bjornstad 14th</p>		
2 10:00 First Free Service 2:00 Hallmark Movie, Chn. 8	3 10:00 Make Float for Parade 10:50 - 11:10 Exercise 2:30 PATRIOTIC PARADE 4:15 Hangman 1	4th of JULY 10:00 4th of July Trivia & Games 3:15 Name that Tune Patriotic Songs	5 10:00 Bingo 3:30 Crossword 4:15 Hymns w/Deb	6 10:15 Darts & Bags 11:00 Birds (TT) 1:50 - 2:10 Toby (dog) 3:00 News Currents 4:15 Word Games Mogli Visit	7 9:30 - 11 Nails 2 - 4 OUTING Historical Tour 4:15 Flag Category 7:00 Gaither's - Chn. 8	8 8:45 - 10:15 Walks Outside 3:15 - 4:00 Bingo
9 10:00 First Free Service 2:45 Crossword 4:30 Vespers	10 10:15 Pictionary 10:50 - 11:10 Exercise 2:00 1st Cov. Com. 3:00 Yard Games 4:15 Scattegories <i>Evening Outing</i>	11 10:15 Chapel & Com. 10:30 Travelogue 1:30 Movie: In Lounge 3:30 Face Down	12 10:00 Bingo 1:50 - 2:10 Mya (dog) 2:45 Patio Party 4:00 News Currents	13 10:00 Chapel 11:00 Sounds (TT) 12:30 - 1:30 Dakim 2:30 What's Missing 4:15 Crossword	14 10:00 Wii Game 1:00 Room Reads 2:30 Tom Stanfield Chapel 4 - 5 Get Outside 7:00 Gaither's - Chn. 8	15 9:40 - 10:20 Wii Golf (Lounge) 3:15 - 4:00 Bingo
16 10:00 First Free Service 4:30 Mystery Ways & Spiritual Poems	17 10:50 Exercise 2:30 Coloring & The Waltons 4:15 Crossword 6:45 - 7:45 Campfire Night	18 10:15 Chapel 10:30 Spiritual Stories 1 - 2 What's Missing 3:00 Memorial Service	19 10:00 Bingo PICNIC 2:30 Bowling 4:00 News Currents	20 10:00 Ringer's 11:00 Bear Basket (TT) 1:50 - 2:10 Toby (dog) 2:30 Front Porch & Blow Bubbles 4:15 Hangman 2	21 9:30 - 11 Nails 1:00 Pamper Me 2:45 Birthday Party Ralph Play Piano 4:15 Crossword	22 8:45 - 10:15 Walks Outside 3:15 - 4:00 Bingo
23 10:00 First Free Service 2:00 Bunco	24 10:00 Storytelling 10:50 - 11:10 Exercise 1 - 2 Dakim 2:45 Cooking Club 4:15 Brain Buster	25 10:15 Chapel 10:30 Biography 1 - 2 Room Reads 3:00 Resident Council 4:15 Crossword 6:45 Cadbury	26 10:00 Bingo 1:50 - 2:10 Mya (dog) 2:30 - 4 Outdoor Walk 4:00 News Currents	27 10:00 Shooting Range 11:00 Smells (TT) 2:45 Glenda Linneman 4:15 Rhyme Time & Hangman Words 7:00 Make Music	28 10:00 Deal or No Deal 1:00 Variety Visits 2:30 Art Afternoon & Refreshments 7:00 Gaither's - Chn. 8	29 9:40 - 10:10 Crossword 3:15 - 4:00 Bingo
30 10:00 First Free Service Outdoor Walks 4:30 Vespers	31 10:15 Charades 10:50 - 11:10 Exercise 2:30 Pie & Painting 4:15 Random Readings					

ALL ACTIVITIES ARE SUBJECT TO CHANGE

Health Center - 3rd Floor

JULY 2017

HAPPY BIRTHDAY

John Johanson 24th
Shirley Larson - Peterson 31st

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="font-size: 4em; font-weight: bold; margin: 0;">JULY 2017</div>						<p>¹ 10:40 - 11:20 Bingo 3:00 Movie: RV</p>
<p>² 10:00 First Free Service 2:00 Hallmark Movie Channel 8</p>	<p>³ 10:00 Make the Float & share jokes 11:00 Flags (TT) 2:30 PATRIOTIC PARADE</p>	<p><u>4th of July</u> 10:00 Name that Tune Patriotic Songs 2:00 4th of July Trivia & Games</p>	<p>⁵ 10:30 Bingo 1 - 2 Variety Visits 2:45 Cooking Club 4:30 Hangman 1</p>	<p>⁶ 10:00 Biography 1:30 - 1:50 Toby (dog) 2:30 Face Down 4:00 Exercise & Mogli Visit</p>	<p>⁷ 10:00 Kick & Catch 11:00 Pamper Me (L) 2:30 Root Beer Floats 4:30 News Currents 7:00 Gaither's - Chn. 8</p>	<p>⁸ 10:40 - 11:20 Bingo 1 - 2:45 Outside</p>
<p>⁹ 10:00 First Free Service 2:00 Hallmark Movie Channel 8 4:00 Vespers</p>	<p>¹⁰ 9:30 - 11 Nice Nails 11:00 Hot / Cold (TT) 2:00 1st Cov. Com. 3:15 Crossword 4:30 The Waltons</p>	<p>¹¹ 10:00 Missionary Story 10:35 Chapel & Com. 1:30 Movie: In Lounge 3:30 Exercises (M) 4:30 Flag Category</p>	<p>¹² 10:30 Bingo 1:30 - 1:50 Mya (dog) 2:45 Patio Party 4:30 Hymns w/Deb</p>	<p>¹³ 10:00 News Currents 10:45 Chapel 2 - 4 OUTING: Historical Tour</p>	<p>¹⁴ 10:00 Bags & Darts 11:00 News (L) 2:30 Tom Stanfield Chapel 4 - 5 Get Outside</p>	<p>¹⁵ 10:40 - 11:20 Bingo 2:00 Bunco</p>
<p>¹⁶ 10:00 First Free Service 2:45 Hangman 2 4:00 Hallmark Movie Channel 8</p>	<p>¹⁷ 10:00 Biography: Front Lounge 2:30 Pie & Painting 4:30 The Caribbean 6:45 - 7:45 Campfire Night</p>	<p>¹⁸ 10:00 Hymn Sing 10:35 Chapel 1 - 2 What's Missing 3:00 Memorial Service Chapel 4:30 Brain Buster</p>	<p>¹⁹ 10:30 Bingo PICNIC 1 - 2 Dakim 2:30 Bowling 4:30 Crossword</p>	<p>²⁰ 10:00 News Currents 1:30 - 1:50 Toby (dog) 2:30 Front Porch & Blow Bubbles 4:00 Exercise</p>	<p>²¹ 10:00 Ball Sports 11:00 Lounge Lotions 2:30 Birthday Party Ruth Plays Piano 4:30 Scattegories</p>	<p>²² 10:40 - 11:20 Bingo 1 - 2:45 Outside</p>
<p>²³ 10:00 First Free Service 4:00 Mystery Ways & Spiritual Stories</p> <hr/> <p>³⁰ 10:00 First Free Service Outdoor Walks 4:00 Vespers</p>	<p>²⁴ 9:30 - 11 Nice Nails 11:00 Bear Basket (TT) 1:30 Variety Visits 3:00 Table Game 4:30 Crossword</p> <hr/> <p>³¹ 10:00 Art & Craft 11:00 Birds (TT) 2:30 Golf 4:30 Random Reading</p>	<p>²⁵ 10:00 Gaither's Video 10:35 Chapel 1:30 - 2:30 Room Reads 3:00 Resident Council 4:30 Travelogue 7:00 Cadbury</p>	<p>²⁶ 10:30 Bingo 1:30 - 1:50 Mya (dog) 2 - 4 Outdoor Walks 4:30 Rhyme Time & Hangman Words</p>	<p>²⁷ 10:00 News Currents 2:45 Glenda Linneman 4:00 Exercise 4:40 Outburst 7:00 Make Music</p>	<p>²⁸ 10:00 Shooting Range 11:00 Magazines (L) 2:30 Art Afternoon & Refreshments 4:30 Crossword 7:00 Gaither's - Chn. 8</p>	<p>²⁹ 10:40 - 11:20 Bingo 2:00 Sing - Along</p>