






INDEPENDENT LIVING



MAY 2017

Activity Office
8:00 a.m.-4:00 p.m.
Mon.- Fri.
Tina x1330
Kathy & April x1335

Sat./Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Birthdays
/	9:00 Sit & Fit (Ex. Rm) 1 10:00 Community Bible Study "You've Got Mail" Rev. Ch. 2 & 3 with Chaplain David (CH) 1:30 Resident Council (Conf. Rm.) 2:30 News Currents! (FR)	9:15 Chapel "Steve Cooper" 2 10:00 Walmart & Stores 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 5:55 Choir Rehearsal (CH) 7:00 Choir Hymn Sing (CH) 8:00 Social (FR)	9:00 Sit & Fit (Ex. Rm.) 3 10:00 Prayer & Share (FR) 12:30-2:30 Alpine Bank (Bank Rm) 1:00 Book Club (1st FL E Solarium) 1:30 Knitting/Crochet Group (FR) 3:30 White Swan School Program (CH)	7:00 Check-ups A-D 4 9:15 Chapel "Mark Martsolf" 10:00 Walmart 10:30 "Loosen Up" (Ex. Rm.) 1:00-3:00 Mogli (Ex. Rm.) 2:00 Movie & Popcorn "Singing In The Rain" (FR) 6:00 Game Night (CS & FR)	9:00 Exercise - Ch.8 5 12:00 Choir Appreciation Luncheon (CH) 2:30 New Resident Welcome (FR) 6:00 Games (FR)	3 Mary Saladino HC 4 Jim Harness DP 6 Audrey Weberg HC 7 Art Rorheim IL 8 Wilma Young HC 9 Paul Inman DP Sally DeWitt HC 11 Patricia Barsness IL 15 Sarah Irving HC 16 Thelma Carlson C Jon Mosby DP 17 Maybelle Johnson IL 18 James Craig DP 19 Susan Moers DP Edna Groom IL 20 Jeanette Jacobson DP 22 Greta Berglund IL Mae Oman HC Ken Sodertstrom DP 24 Joan Massier DP 25 Elia Harper HC Dorothy Morris HC 30 Evelyn Mullen C Astrid Johnson DP Stella Wishnevsky HC
6 2:00 Coloring (FR) / 7 10:20 Worship Service (CH)	9:00 Sit & Fit (Ex. Rm) 8 10:00 Community Bible Study "You've Got Mail" Rev. Ch. 2 & 3 with Chaplain David (CH) 2:30 Orchids with Bruce Olson (FR)	9:15 Communion "Chaplain Arnie" 9 10:00 Walmart & Stores 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 6:30 Music in the Solarium (C) with Evelyn Mullins	Library Books are Due! 8:40 Julia's Kids (HC) 10 9:00 Sit & Fit (Ex. Rm.) 10:00 Prayer & Share (FR) 10:00 FL Res. Council (Conf. Rm) 12:30-2:30 Alpine Bank (Bank Rm) 1:00 Book Club (1st FL E Solarium) 1:30 Knitting/Crochet Group (FR) 2:30 Travelogue Italy's Cities (FR) Venice, Venice Side Trips, Milan & Lake Como	7:00 Check-ups E-K 11 9:15 Chapel "Luke Uran" (Hosp. Ct.) 10:00 Walmart 10:30 "Loosen Up" (Ex. Rm.) 2:30 Rummikub/Dominos (FR) 6:00 Game Night (CS & FR)	9:00 Exercise - Ch. 8 12 2:30 Ladies Spring Tea (CH)  6:00 Games (FR)	15 Sarah Irving HC 16 Thelma Carlson C Jon Mosby DP 17 Maybelle Johnson IL 18 James Craig DP 19 Susan Moers DP Edna Groom IL 20 Jeanette Jacobson DP 22 Greta Berglund IL Mae Oman HC Ken Sodertstrom DP 24 Joan Massier DP 25 Elia Harper HC Dorothy Morris HC 30 Evelyn Mullen C Astrid Johnson DP Stella Wishnevsky HC
13 2:00 Coloring (FR) / 14 10:20 Worship Service (CH)	9:00 Sit & Fit (Ex. Rm) 15 10:00 Community Bible Study "You've Got Mail" Rev. Ch. 2 & 3 with Chaplain David (CH) 1:00 Tram Rides 2:30 "Fred Speer" Retired Rockford Reporter (CH)	9:15 Chapel "Bill Patterson" 16 10:00 Walmart 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 7:00 Angelic Harp Trio (CH) 8:00 Social (FR)	9:00 Sit & Fit (Ex. Rm.) 17 10:00 Prayer & Share (FR) 12:30-2:30 Alpine Bank (Bank Rm) 1:00 Book Club (1st FL E Solarium) 1:00 Tram Rides 1:30 Knitting/Crochet Group (FR) 2:30 Volleyball (CH)	7:00 Check-ups L-P 18 9:15 Chapel "Ken Krause" 10:00 Ministers & Missionaries Luncheon (Hosp. Ct.) 10:00 Walmart 10:00 Gardening with Tina (FR Backyard) 10:30 "Loosen Up" (Ex. Rm.) 2:30 Sing-along with Kathy (CH) 6:00 Game Night (CS & FR)	9:00 Exercise - Ch. 8 19 10:15 Johnson Elementary School Program (CH) 2:00 Retirement Social for Kathy Schweiger (FR) 6:00 Games (FR)	24 Joan Massier DP 25 Elia Harper HC Dorothy Morris HC 30 Evelyn Mullen C Astrid Johnson DP Stella Wishnevsky HC
20 2:00 Coloring (FR) / 21 10:20 Worship Service (CH)	9:00 Sit & Fit (Ex. Rm) 22 10:00 Community Bible Study "You've Got Mail" Rev. Ch. 2 & 3 with Chaplain David (CH) 1:00 Tram Rides 1:15 Historical Tour of Rockford	9:15 Chapel "Ivan York" 23 1:00-2:00 Eye Glass Clinic (Bank Rm.) 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 3:30 Birthday Party Set Up (HC) 7:00 Birthday Party (HC)	9:00 Sit & Fit (Ex Rm) 24 10:00 Prayer & Share (FR) 1:15 Hearing Aid Clinic (Dr.'s Rm.) 12:30-2:30 Alpine Bank (Bank Rm) 1:00 Tram Rides 1:30 Knitting/Crochet Group (FR) 3:00 "Great Moments of the 20th Century" 1964-1970	7:00 Check-ups Q-Z 25 9:15 Chapel "Peter Dibley" 10:00 Walmart 10:30 "Loosen Up" (Ex. Rm.) 1:30 Presentation by Kaylin (Ex Rm) Functions & Benefits of Vitamins and Minerals 2:30 Bingo (FR) 6:00 Game Night (CS & FR)	9:00 Exercise - Ch. 8 26 10:00 Scripture Reading (FR) 1:00 Tram Rides 2:30 Tom Stanfield (CH) 6:00 Games (FR)	Anniversaries 2 Robert & Dorothy Walker 26 Tor & Aud Wenche Andaas
27 8:30 Senior Pedicures Dr.'s Rm. 2:00 Coloring (FR) / 28 10:20 Worship Service (CH)	 MEMORIAL DAY We Will Always Remember	9:15 Chapel "Arnie Conrad" 30 10:00 Walmart & Stores 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 6:30 Hymn Sing with Janine Brass (CH) 7:30 Social (FR)	9:00 Sit & Fit (Ex Rm) 31 10:00 Prayer & Share (FR) 1:15 Hearing Aid Clinic (Dr.'s Rm.) 12:30-2:30 Alpine Bank (Bank Rm) 1:00 Tram Rides 1:30 Knitting/Crochet Group (FR) 2:30 Center for Sight & Hearing (CH)	Room Location Code 1E Solarium—1st Floor past Hosp. Ct. Bank Rm. – 3 rd Floor C-Cove 2nd floor CH – Chapel – 1 st floor CS – Coffee Shop-2 nd floor Dr.'s Rm-3rd floor	FR – Family Room-1 st floor HC – Hosp. Court - 1 st floor HE—Harbor East 3rd floor N-Neighborhood 3rd floor	

May 2017 Cove, Neighborhood & Harbor East

Office Hours—Shari
 Mon.- Fri.
 9:00 a.m. - 4:30 p.m.
 X 1416

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Community Bible Study "You've Got Mail" Rev. Ch. 2 & 3 with Chaplain David (CH) 10:15 Word Games (HE Living Rm.) 1:00 Dog Visit 2:30 Bingo (HE Living Rm.)	9:15 Chapel (CH) "Steve Cooper" 2 10:15 Exercise with Tina (HE Living Rm.) 2:30 News Currents (HE Living Rm.) 6:15 Choir Rehearsal (CH) 7:00 Choir Hymn Sing (CH) 8:00 Social (FR)	10:00 Prayer & Share (FR) 3 10:00 Move to Music (N) 10:00 Cards (C) 1:00 Nice Nails (N) 1:30 Knitting/Crochet Group (FR) 3:30 White Swan Spring School Program (CH)	7:00 Check-ups A-D 4 9:15 Chapel (CH) "Mark Martsof" 10:15 Exercise Stories (HE Living Rm.) 2:00 Movie & Popcorn (FR) "Singing in the Rain"	9:00 Exercise-Ch. 8 5 10:15 Craft (HE Living Rm.) 2:30 Games or Outside Fun (Front Circle)	Coffee & Cookies 6 2:00 -2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 7	10:00 Community Bible Study "You've Got Mail" Rev. Ch. 2 & 3 with Chaplain David (CH) 10:15 Word Games (HE Living Rm.) 2:30 Orchids with Bruce Olson (FR) 2:30 Dominos (HE Living Rm.)	9:15 Communion (CH) "Chaplain Arnie" 9 10:15 Exercise & Stories (HE Living Rm.) 2:30 Cooking Club (HE Living Rm.) 6:30 Music in the Solarium (C) With Evelyn Mullins	Public Library Books Due 8:40 Julia's Kids (HC) 10 10:00 Prayer & Share (FR) 10:00 Move to Music (N) 10:00 Cards (C) 1:00 Nice Nails (N) 1:30 Knitting/Crochet Group (FR) 2:30 Travelogue—Italy's Cities Venice, Venice Side Trips, Milan & Lake Como (FR)	7:00 Check-ups E-K 11 9:00 Chapel Luke Uran (Hosp. Ct.) 10:15 Exercise & Stories (HE Family Rm.) 2:00 Movie (HE Living Rm.)	9:00 Exercise-Ch. 8 12 2:30 Ladies Spring Tea (CH)	Coffee & Cookies 13 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 14 	10:00 Community Bible Study "You've Got Mail" Rev. Ch. 2 & 3 with Chaplain David (CH) 10:00 Bingo (HE Living Rm.) 1:00 Tram Rides 2:30 "Greg Speers" Retired Rockford Reporter (CH)	9:15 Chapel (CH) "Bill Patterson" 16 10:15 Exercise & Stories (HE Living Rm.) 2:00 Cards for Kids (HE Living Rm.) 7:00 Angelic Harp Trio (CH) 8:00 Social (FR) <i>Happy Birthday Thelma Carlson!!</i>	10:00 Prayer & Share (FR) 17 10:00 Move to Music (N) 10:00 Cards (C) 1:00 Tram Rides 1:30 Knitting/Crochet Group (FR) 2:30 Volleyball (CH)	7:00 Check-ups L-P 18 9:15 Chapel "Ken Krause" (CH) 10:00 Ministers & Missionaries Fellowship Luncheon (Hosp. Ct.) 10:15 Exercise Stories (HE Living Rm.) 2:30 Sing-along with Kathy (CH)	9:00 Exercise-Ch. 8 19 10:15 Johnson Elementary School Program (CH) 2:00 Retirement Social for Kathy Schweiger (FR)	Coffee & Cookies 20 2:00:2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 21	10:00 Community Bible Study "You've Got Mail" Rev. Ch. 2 & 3 with Chaplain David (CH) 10:15 Word Games (HE Living Rm.) 1:00 Tram Rides 2:30 Bruce Olson-Orchids! (FR) 2:30 News Currents(HE Living Rm.)	9:15 Chapel (CH) "Ivan York" 23 10:15 Exercise & Stories (HE Living Rm.) 1:00-2:00 Eye Glass World (Bank Rm.) 2:00 Birthday Party/Resident Council (HE Living Rm.) 7:00 Birthday Party (HC)	10:00 Prayer & Share (FR) 24 10:00 Move to Music (N) 10:00 Cards (C) 1:00 Nice Nails (N) 1:15-2:00 Hearing Aid Clinic (Dr.'s Rm.) 1:30 Knitting/Crochet Group (FR) 3:00 "Great Moments of the 20th Century" 1964-1970	7:00 Check-ups Q-Z 25 9:15 Chapel "Peter Dibley" 10:15 Exercise Stories (HE Living Rm.) 2:30 Bingo (HE Living Rm.)	9:00 Exercise-Ch. 8 26 10:00 Bible Reading (FR) 1:00 Tram Rides (FR) 2:30 Tom Stanfield (CH)	Coffee & Cookies 27 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 28 	10:00 Community Bible Study "You've Got Mail" Rev. Ch. 2 & 3 with Chaplain David (CH)	9:15 Chapel (CH) "Arnie Conrad" 30 10:15 Exercise & Stories (HE Living Rm.) 2:30 Bingo (HE Living Rm.) 6:30 Hymn Sing with Janine Brass (CH) 7:30 Social (FR) <i>Happy Birthday Evelyn Mullen!!</i>	10:00 Prayer & Share (FR) 31 10:00 Move to Music (N) 10:00 Cards (C) 1:00 Nice Nails (N) 1:00 Tram Rides 1:30 Knitting/Crochet Group (FR) 2:30 Center for Sight & Hearing (CH) 2:30 Coloring with Shari (HE Living Rm.)			Key HE—Harbor East Living Rm. (3rd) N— Neighborhood (3rd) C— Cove (2nd) HC—Hosp. Court (1st) CH—Chapel (1st) CS—Coffee Shop (2nd) EX—Exercise Rm. (1st) FR—Family Room (1st)

Health Center - 2nd Floor

MAY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL Activities Are Subject To Change	1 10:00 Charades 10:50 - 11:10 Exercise 2:00 1st Cov. Com. 2:45 Bread & Butter 2:45 <i>Variety Visits</i> 4:15 Crossword	2 10:15 Chapel 10:30 Wings of Beauty Early Summer Decor 4:15 Mixed - Up 7:00 Choir Hymn Sing: Chapel	3 10:00 Bingo 1:50 - 2:10 Mya (dog) 2:45 Yahtzee 2:45 <i>Devotions (L)</i> 4:15 Hymns w/ Deb	4 10:00 Wii of Fortune 1:00 What's Missing 3:00 Face Down 4:15 News Currents Mogli (dog)	5 10:00 Kick & Catch 2:30 Warm Pretzels 3:00 Bingo 4:15 Crossword 7:00 <i>Gaither's - Chn. 8</i>	6 * No Bingo * 9:40 - 10:15 Hangman 1 3:00 Movie: Hotel for Dogs
7 10:00 First Free Service, Chn. 8 2:00 Hallmark Movie Channel 8 4:00 Tulip Category	8 10:00 Name that Tune 10:50 - 11:10 Exercise 1:00 Room Reads 2:30 Craft 4:15 <i>Touched by An Angel Episode</i>	9 10:15 Chapel & Com. 10:30 Bible Trivia 2:30 Volleyball & Angel Visit 4:15 Crossword	10 10:00 Bingo 1:30 Movie & Popcorn 2:45 <i>Door to Door</i> 4:15 Outburst	11 10:15 Chapel 11:00 Table Time 1:50 - 2:10 Toby (dog) 2:45 <i>Sensory (L)</i> 4:15 News Currents	12 9:30 - 11 Nails 2:30 LADIES TEA 4:15 Mother's Day Poems & Trivia 7:00 <i>Gaither's - Chn. 8</i>	13 9:40 - 10:10 Crossword 3:15 - 4:00 Bingo
Mother's Day 14 10:00 First Free Service, Chn. 8 4:30 Vespers	15 10:00 Mixed - Up 10:50 - 11:10 Exercise 1 - 2 Dakim 2:30 Men Meet (3) 2:30 Gabby Girls (2) 2:45 <i>Music (L)</i> 4:15 Hangman 2	16 10:15 Chapel 10:30 Planet Earth 1 2:30 Doodling 4:15 Word Games 7:00 Angelic Harp Trio: Chapel	17 10:00 Bingo 1:50 - 2:10 Mya (dog) 2 - 4 Outdoor Walks 3:15 <i>Animals (L)</i> 4:15 Crossword	18 10:00 Deal or No Deal 11:00 Table Time 2:30 Square Dancing 4:15 News Currents	19 10:15 Johnson School 4th & 5th Grade Choir: Chapel 1:00 Room Reads 2:30 Social 4:15 Scattegories	20 9:40 - 10:10 A - Z Category 3:15 - 4:00 Bingo
21 10:00 First Free Service, Chn. 8 2:00 Crossword & Cookies	22 10:00 Pictionary 10:50 - 11:10 Exercise 1:00 Variety Visits 2:30 Cooking Club 4:15 <i>Biography: Jackie Kennedy</i>	23 10:15 Chapel 10:30 Jokes & Riddles 1 - 2:30 "Front Porch" 3:30 Resident Council 4:15 Bowling 6:45 Cadbury (dog)	24 10:00 Bingo 2 - 4 Outing: Rivers & Lakes Trip 4:15 News Currents	25 10:00 Story Telling 11:00 Table Time 1:50 - 2:10 Toby (dog) 4:15 Crossword 7:00 Sing - Along	26 10:30 Good Time Singers (2) 2:45 Birthday Party 4:15 Trivia 7:00 <i>Gaither's - Chn. 8</i>	27 9:40 - 10:10 Bonus Crossword 3:15 - 4:00 Bingo
28 10:00 First Free Service, Chn. 8 2:00 Hallmark Movie Channel 8 4:00 Spiritual Poems / Stories	Memorial Day 29 9:40 - 10:10 Sing - Along 2:00 - 2:45 Crossword	30 10:15 Chapel 10:30 Planet Earth 2 2:30 - 4 Nails & Notes 4:15 Fresh Category 7:00 Campfire Night: Ace Holsinger	31 10:00 Bingo 1:50 - 2:10 Mya (dog) 2:30 Casino Afternoon 4:15 Hangman 3	Happy Birthday Mary Saladino 3rd Sally Dewitt 9th Elia Harper 25th Stella Wishnevsky 30th		

Health Center - 3rd Floor

MAY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL Activities Are Subject To Change	¹ 10:00 Jokes & Quotes 11:00 The Farm (TT) 2:00 1st Cov. Com. 3:15 Matching Game 4:15 <i>Lawrence Welk</i>	² 10:00 Planet Earth 1 10:35 Chapel Early Summer Décor 4:40 Bowling 7:00 Choir Hymn Sing: Chapel	³ 10:30 Bingo 1:30 - 1:50 Mya (dog) 2:30 Easy Art 4:30 Card Game	⁴ 10:00 Name that Tune 11:00 Pamper Me 2 - 3:30 Walks 3:00 <i>Lounge Leisure</i> 4:00 Exercise & Mogli 4:40 Crossword	⁵ 10:00 Active Games 11:00 Spice Scents (TT) 2:30 Warm Pretzels 3 - 3:45 Bingo 4:40 News Currents 7:00 <i>Gaither's - Chn. 8</i>	⁶ * No Bingo * 10:45 - 11:20 Hangman 1 3:00 Doris Day Special
⁷ 10:00 First Free Service 2:00 Tulip Category 4:00 Hallmark Movie Channel 8	⁸ 9:30 - 11 Nice Nails 11:00 Horses (TT) 1 - 2 Room Reads 3:00 Activity Circles 4:40 Biography: Jackie Kennedy	⁹ 10:00 Guy Penrod Hymns & Worship 10:35 Chapel & Com. 2:30 Volleyball & Angel Visit 4:40 Crossword	¹⁰ 10:30 Bingo 2 - 4 Outing: Rivers & Lakes Trip 4:30 Hymns w/Deb	¹¹ 10:15 Poems / Story 10:45 Chapel 1:30 - 1:50 Toby (dog) 3:00 <i>Devotions (L)</i> 4:00 Exercise 4:40 Mixed-Up	¹² 10:00 Kick & Catch 11:00 Variety Visits 2:30 LADIES TEA 4:15 News Currents 7:00 <i>Gaither's - Chn. 8</i>	¹³ 10:40 - 11:20 Bingo 2:30 Crossword
<u>Mother's Day</u> ¹⁴ 10:00 First Free Service 2:00 Readings & Refreshments 4:00 Vespers	¹⁵ 10:00 Deal or No Deal 11:00 Cows & Pigs (TT) 2:30 Gabby Girls (2) 2:30 Men Meet (3) 4:15 <i>I Love Lucy</i>	¹⁶ 9:45 Wings of Beauty 10:35 Chapel 2:30 Bunco & Bread 4:40 Hangman 2 7:00 Angelic Harp Trio: Chapel	¹⁷ 10:30 Bingo 1:30 - 1:50 Mya (dog) 2 - 4 Outdoor Walks 4:40 A - Z Category	¹⁸ 10:00 Hymn Sing 11:00 Mystery Ways 2:30 Square Dancing 4:00 Exercise 4:40 Crossword	¹⁹ 10:15 Johnson School 4th & 5th Grade Choir: Chapel 2:30 Social Hour 3:00 <i>Sensory (L)</i> 4:40 News Currents	²⁰ 10:40 - 11:20 Bingo 2:30 Word Game
²¹ 10:00 First Free Service 2:00 Hallmark Movie Channel 8 4:00 Pictionary & Charades	²² 9:30-11 Nails & Notes 11:00 Veggies (TT) 1 - 2 Dakim 3:00 Activity Circles 4:40 Scattegories	²³ 10:00 Planet Earth 2 10:35 Chapel 1 - 2:30 "Front "Porch" 3:30 Resident Council 4:40 Crossword 7:00 Cadbury (dog)	²⁴ 10:30 Bingo 1:30 Movie & Popcorn 2:45 <i>Door to Door</i> 4:40 Rhyme Time	²⁵ 10:00 Biography 1:30 - 1:50 Toby (dog) 4:00 Exercise 4:40 Fresh Category 7:00 Sing - Along	²⁶ 10:30 Good Time Singers (2) 2:45 Birthday Party 3:15 <i>Music (L)</i> 4:40 News Currents 7:00 <i>Gaither's - Chn. 8</i>	²⁷ 10:40 - 11:20 Bingo 2:30 Hangman 3
²⁸ 10:00 First Free Service 2:00 Crossword 4:00 Hallmark Movie Channel 8	²⁹ <u>Memorial Day</u> 10:45 Word Games 3:30 Sing-Along	³⁰ 9:45 The Martins 10:35 Chapel 2:30 Cooking Club 4:40 Golf 7:00 Campfire Night: Ace Holsinger	³¹ 10:30 Bingo 1:30 - 1:50 Mya (dog) 2:30 Casino Afternoon 4:40 Crossword	<u>Happy Birthday</u> Audrey Weberg 6th Mae Oman 22nd Wilma Young 8th Dorothy Morris 25th Sarah Irving 15th		