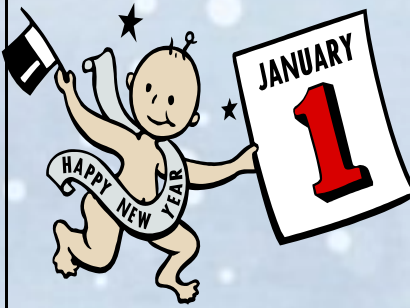


January Independent Living 2018

Activity Office
8:00 a.m.-4:00 p.m.
Mon.- Fri.
Tina x1330
April x1335

Sat./Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Birthdays
		9:15 Chapel "Norm Collins" 2 10:00 Walmart 10:45-11:15 Mogli with Kaylin and Kids (Ex. Rm.) 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 7:00 Music with Ace Holsinger (CH) 8:00 Social (FR)	9:00 Sit & Fit (Ex. Rm.) 3 10:00 Prayer & Share (FR) 12:30-2:30 Alpine Bank (Bank Rm.) 1:30 Knitting/Crochet Group (FR) 2:30 Documentary "Tiny Houses" (FR)	7:00 Check-ups A-D 4 10:00 Walmart 9:15 Chapel (CH) "Mike Mirakian" 10:30 "Loosen Up" (Ex. Rm.) 2:30 New Years Bingo (FR) 6:00 Game Night (FR & Cafe)	9:00 Exercise - Ch. 8 5 9:15 Bible Reading (FR) No Choir Rehearsal 2:30 New Resident Welcome (FR) 6:00 Game Night (FR & Cafe)	1 Lois Armstrong DP 2 Al Henrickson IL 3 David Hesselgrave HE Dorothy Hulten N 5 Gertrude Hesselgrave HC Ruth Schroepel DP 7 Dicksee Chien DP Thomas Nowak DP 8 Joann Sutton DP 10 Neil Hamilton HE Alice Schaefer HC 12 Lois Johnson DP 13 Don Barnum DP Beverly Dahlstrom HE Rosemarie Niedermann N 14 Bea Ring DP 15 Fran Clinite C 17 Bob Tennant HC 18 Connie Berglund HC Carol Dixon DP 19 Gordon Mosby HC 20 Dorothy Swenson C 21 John Hagberg HC 22 Liesara Bergman DP 23 Nancy Christianson DP Dottie Lindblade DP 26 Monica Craig DP 27 Dick Burkett DP Vivian Shields HC 31 Lucy Anderson HC
6 8:30 Pedicures (Dr.'s Rm.) 7 2:00 Coloring (FR) 10:20 Worship Service (CH)	9:00 Sit & Fit (Ex. Rm.) 8 10:00 Bible Study Philippians 1:1-11 with Chaplain David (CH) 1:30 Resident Council (Conf. Rm.) 2:30 Not your Grandkids Paint by number (FR) FL Supper	9:15 Communion "Chaplain Arnie" 9 10:00 Walmart 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 6:30 Aaron Bolden (CH) 7:30 Social (FR)	Library Books are Due! 10 9:00 Sit & Fit (Ex. Rm.) 10:00 Prayer & Share (FR) 10:00 FL Resident Council (Conf. Rm.) 12:30-2:30 Alpine Bank (Bank Rm.) 1:30 Knitting/Crochet Group (FR) 2:30 The National Parks (FR) "Going Home" 1920-1933 Pt. 2	7:00 Check-ups E-K 11 9:15 Chapel "Mitch Saylor" 10:00 Walmart 10:30 "Loosen Up" (Ex. Rm.) 2:30 Volleyball (CH) 6:00 Game Night (FR & Cafe)	9:00 Exercise - Ch. 8 12 9:15 Bible Reading (FR) No Choir Rehearsal 2:30 Furry Friends (Hosp. Ct.) 6:00 Game Night (FR & Cafe)	
13 2:00 Coloring (FR) 14 10:20 Worship Service	9:00 Sit & Fit (Ex. Rm.) 15 10:00 Bible Study Philippians 1:12-26 with Chaplain David (CH) 2:30 Word Games! (FR) FL Supper	9:15 Chapel (CH) "David Wood" 16 10:00 Walmart & Stores 1:00 Skip-Bo (FR) 3:00 Memorial Service (CH) 6:30 Music in the Solarium With Evelyn Mullen (The Cove)	9:00 Sit & Fit (Ex. Rm.) 17 10:00 Prayer & Share (FR) 12:30-2:30 Alpine Bank (Bank Rm.) 1:30 Knitting/Crochet Group (FR) 2:30 Baking with Dotti Lindblade (Hosp. Ct.)	7:00 Check-ups L-P 18 9:15 Chapel (CH) "Michael Leitz" 10:00 Walmart 10:00 Ministers & Missionaries Fellowship (CH Breakout Rm.) 10:30 "Loosen Up" (Ex. Rm.) 2:30 Name That Price! (FR) 6:00 Game Night (FR & Cafe)	9:00 Exercise - Ch. 8 19 9:15 Bible Reading (FR) No Choir Rehearsal 2:00 Movie & Popcorn "I'll See You In My Dreams" (FR) 6:00 Game Night (FR & Cafe)	
20 2:00 Coloring (FR) 21 10:20 Worship Service (CH)	9:00 Sit & Fit (Ex. Rm.) 22 10:00 Bible Study Philippians 1:27-30 with Chaplain David (CH) 2:30 Severson Dells (CH) "Landscapes of Winnebago County"	9:15 Chapel (CH) "Ken Olenik" 23 10:00 Walmart & Stores 1:00 Eye Glass Clinic (Bank Rm.) 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 4:00 Birthday Party Set Up (HC) 7:00 Birthday Party (HC)	9:00 Sit & Fit (Ex. Rm.) 24 10:00 Prayer & Share (FR) 12:30-2:30 Alpine Bank (Bank Rm.) 2:30 News Currents (FR)	7:00 Check-ups Q-Z 25 9:15 Chapel "Gary Kniseley" (Hosp. Ct.) 10:00 Walmart 10:30 "Loosen Up" (Ex. Rm.) 2:30 Travelogue "Greek Islands & Istanbul" (FR) 6:00 Game Night (FR & Cafe)	9:00 Exercise - Ch. 8 26 9:15 Bible Reading (FR) No Choir Rehearsal 2:30 Summer in January (CH) 6:00 Game Night (FR & Cafe)	
27 2:00 Coloring (FR) 28 10:20 Worship Service (CH)	9:00 Sit & Fit (Ex. Rm.) 29 10:00 Bible Study Philippians 2:1-11 with Chaplain David (CH) 2:30 PBS Lewis and Clark Series (FR) 6:30 Fellowship Male Chorus (CH) 7:30 Social (FR)	9:15 Chapel (CH) "Brent Dahlseng" 30 10:00 Walmart and Stores 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 2:30 Potato Necklace Craft (FR)	9:00 Sit & Fit (Ex. Rm.) 31 10:00 Prayer & Share (FR) 12:30-2:30 Alpine Bank (Bank Rm.) 1:15-2:00 Hearing Aid Clinic (Dr.'s Rm.) 1:30 Knitting/Crochet Group (FR) 2:30 Potato Necklace Craft (FR)	Room Location Code FR - Family Room-1 st floor HC - Hosp. Court - 1 st floor HE - Harbor East 3rd floor N - Neighborhood 3rd floor 1E Solarium - 1st Floor past Hosp. Ct. Bank Rm. - 3 rd Floor C-Cove 2nd floor CH - Chapel - 1 st floor Cafe - 2 nd floor Dr.'s Rm-3rd floor		Anniversaries 18 Ken & Turah Soderstrom 21 Richard & Irene McGlynn

January 2018 Cove, Neighborhood & Harbor East

Office Hours—Mary Brouer
 Mon., Wed., Thurs., Fri.
 9:00 a.m. - 5:15 p.m.
 Tues., 1:15-5:15

X 1416

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:15 Chapel "Norm Collins" 10:15 Exercise with Tina (HE Living Rm.) 2:30 Bingo! (HE Living Rm.) 4:00 Room Visits 7:00 Music with Ace Holsinger (CH) 8:00 Social (FR)	10:00 Prayer & Share (FR) 10:00 Cards (C) 10:15 Exercise with Tina (HE Living Rm.) 1:00 Nice Nails (N) 1:30 Knitting/Crochet Group (FR) 2:30 Documentary "Tiny Houses" (FR) Happy Birthday David Hesselgrave! (HE) Dorothy Hulten! (HE)	7:00 Check-ups A-D 9:15 Chapel "Mike Mirakian" 10:15 Exercise with Mary (HE Living Rm.) 2:30 Word Games (HE Living Rm.) 4:00 Room Visits	9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) No Choir Rehearsal 2:30 News Currents (HE Living Rm.) 4:00 Games (HE Living Rm.)	Coffee & Cookies 2:00 - 2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 7	10:00 Bible Study Philippians 1:1-11 with Chaplain David (CH) 10:15 Exercise with Mary (HE Living Rm.) 2:30 Cards for Kids (HE Living Rm.)	9:15 Communion "Chaplain Arnie" 10:15 Exercise with Tina (HE Living Rm.) 2:00 Bingo (HE Living Rm.) 6:30 Aaron Bolden in Concert (CH) 7:30 Social (FR)	Public Library Books Due 10:00 Prayer & Share (FR) 10:00 Cards (C) 10:15 Exercise with Tina 1:00 Nice Nails (N) 1:30 Knitting/Crochet Group (FR) 2:30 The National Parks (FR) "Going Home" 1920-1933 Pt. 2 Happy Birthday Neil Hamilton! (HE)	7:00 Check-ups E-K 9:15 Chapel "Mitch Saylor" 10:15 Exercise with Mary (HE Living Rm.) 2:30 Volleyball (CH) 4:00 Room Visits	9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) No Choir Rehearsal 2:30 Furry Friends (Hosp. Ct.) 4:00 Snowballs (HE Living Rm.)	Coffee & Cookies 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove Happy Birthday Rosemarie Niedermann! (HE) Beverly Dahlstrom! (HE)
10:20 Worship Service (Chapel) 14	10:00 Bible Study Philippians 1:12-26 Chaplain David (CH) 10:15 Exercise with Tina (HE Living Rm.) 2:30 Alexa Games (HE Living Rm.) Happy Birthday Fran Clinite! (C)	9:15 Chapel "David Wood" 10:15 Exercise with Tina (HE Living Rm.) 2:30 Word Games (HE Living Rm.) 3:00 Memorial Service (CH) 4:00 Room Visits 6:30 Music in the Solarium with "Evelyn Mullen" (Cove)	10:00 Prayer & Share (FR) 10:15 Exercise with Tina (HE Living Rm.) 10:00 Cards (C) 1:00 Nice Nails (N) 1:30 Knitting/Crochet Group (FR) 2:30 Bingo (HE Living Rm.)	7:00 Check-ups L-P 9:15 Chapel (CH) "Michael Leitz" 10:00 Ministers & Missionaries Fellowship (CH Breakout Rm.) 10:15 Exercise with Mary (HE Living Rm.) 2:30 Name That Price! (FR)	9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) No Choir Rehearsal 2:00 Movie & Popcorn "I'll See You In My Dreams" (FR) 4:00 Games (HE Living Rm.)	Coffee & Cookies 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove Happy Birthday Dorothy Swenson! (C)
10:20 Worship Service (Chapel) 21	10:00 Bible Study Philippians 1:27-30 Chaplain David (CH) 10:15 Exercise with Mary (HE Living Rm.) 2:30 Severson Dells (CH)	9:15 Chapel "Ken Olenik" 10:15 Exercise with Tina (HE Living Rm.) 1:00-2:00 Eye Glass Clinic (Bank Rm.) 2:30 Birthday Party/ Resident Council (HE Living Rm.) 4:00 Room Visits 7:00 Birthday Party (Hosp. Ct.)	10:00 Prayer & Share (FR) 10:15 Exercise with Tina (HE Living Rm.) 10:00 Cards (C) 1:00 Nice Nails (N) 2:30 Craft (HE Living Rm.)	7:00 Check-ups Q-Z 9:15 Chapel (Hosp. Ct.) "Gary Kniseley" 10:15 Exercise with Mary (HE Living Rm.) 2:30 Travelogue - "Greek Islands & Istanbul!" (FR)	9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) No Choir Rehearsal 2:30 Summer in January! (CH) 4:00 Games (HE Living Rm.)	Coffee & Cookies 2:00-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) 28	10:00 Bible Study Philippians 2:1-11 with Chaplain David (CH) 10:15 Exercise with Mary (HE Living Rm.) 2:30 Word Games (HE Living Rm.) 6:30 Fellowship Male Chorus (CH) 7:30 Social (FR)	9:15 Chapel "Brent Dahlseng" 10:15 Exercise with Tina (HE Living Rm.) 2:30 Bingo (HE Living Rm.) 4:00 Room Visits	10:00 Prayer & Share (FR) 10:15 Exercise with Tina (HE Living Rm.) 10:00 Cards (C) 1:00 Nice Nails (N) 1:15-2:00 Hearing Aid Clinic (Dr.'s Rm.) 1:30 Knitting/Crochet Group (FR) 2:30 Alexa Games (CH)			Key HE—Harbor East Living Rm. (3rd) N—Neighborhood (3rd) C—Cove (2nd) HC—Hospitality Court (1st) CH—Chapel (1st) CS—Coffee Shop (2nd) FR—Family Rm. (1st) FR—Family Room (1st)

Health Center - 2nd Floor

JANUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
ALL Activities Are Subject To Change	1 9:45 Hangman: New Year's 2:15 Cocoa w/Winter Stories & Poems	2 10:15 Chapel 10:30 Winter Finale Winter Décor 4:15 Mixed - Up 7:00 Ace Holsinger: Chapel	3 9:15 Catholic Com. 10:00 Bingo 2:30 Volleyball 4:15 Hymns w/Deb 7:00 Gaither's - Chn 8	4 10:00 Yellowstone (L) *10:15 Songs 1:50 - 2:10 Toby 2:30 - 4 Dakim 4:15 News Currents	5 9:30 - 11 Nails 1 - 2 Variety Visits 2:45 Swedish Bread Social (2) 4:15 Carol Burnette	6 9:40 - 10:10 Crossword (L) 2:30 Wonders of Man's Creation	
	7 10:00 First Free Service, Chn. 8 4:00 Bingo	8 10:00 Ball Games 10:20 Scarf Category 2:00 1st Cov. Com. 3:00 Card Games (2nd & 3rd) 4:15 Hangman 1	9 10:00 Mystery Ways 10:15 Chapel & Com. 2:30 Square Dancing 4:15 A Journey Through Time	10 9:15 Catholic Com. 10:00 Bingo 1:50 - 2:10 Mya (dog) 2:45 Paint / Puzzles 4:15 Word Games 7:00 Gaither's - Chn 8	11 *Bread Machine 10:15 Chapel 10:30 Crossword 2:30 Bread & Butter *3:15 Make Music 4:15 News Currents	12 10:00 Snowball Fight 10:20 Winter Poems 2:30 Furry Friends Hospitality Court 4:15 Touched by an Angel	13 9:40 - 10:10 Outburst (L) 2:30 Wonders of Nature
	14 10:00 First Free Service, Chn. 8 4:00 Bingo	15 10:00 Charades & Exercise * 11:00 Table Time 2:30 Face Down 4:15 Name that Tune	16 10:15 Chapel 10:30 Travelogue 1 - 2 Dakim 3:00 Service of Remembrance 4:15 Crossword 6:45 Cadbury ?	17 9:15 Catholic Com. 10:00 Bingo 2:30 Craft 4:15 Hangman 2 7:00 Gaither's - Chn 8	18 10:00 Deal or No Deal 1:50 - 2:10 Toby 2:30 - 4 Indoor Walks 4:15 News Currents	19 9:30 - 11 Nails 12:30 Pamper Me 2:45 Birthday Party 4:15 Victor Borge	20 9:40 - 10:20 Scattogories (L) 2:30 Wonders Sacred & Mysterious
	21 10:00 First Free Service, Chn. 8 4:00 Bingo	22 10:00 "Ringer's" 10:20 Snowman Category * Table Time 2:45 Table Games (2nd & 3rd) 4:15 Crossword	23 10:15 Chapel 10:30 Bible Reading 1- 2 Room Reads 2:45 Resident Council Meeting & Elections 4:15 Hangman 3	24 9:15 Catholic Com. 10:00 Bingo 1:50 - 2:10 Mya (dog) 2:30 Bowling 4:15 Brain Buster 7:00 Gaither's - Chn 8	25 10:00 Biography (L) *10:15 Teddy Bears 2 - 3:30 Coffee Shop 4:15 News Currents	26 10:00 Story Telling 1 - 2 Door to Door 2:30 Sonshine Gals & Social (3) 4:15 The Waltons	27 9:40 - 10:10 Crossword (L) 2:30 Wilderness: River, Glacier, & Meadow
	28 10:00 First Free Service 2:45 Bingo	29 10:00 Pictionary 10:30 Exercise * 11:00 Table Time Angel Visit 2:30 Yahtzee 4:15 Lawrence Welk: Precious Memories	30 10:15 Chapel 10:30 Brain Buster 1 - 2 Variety Visits 2:45 Gabby Girls 7:00 Sing-Along	31 9:15 Catholic Com. 10:00 Bingo 2:45 Cooking Club 4:15 A-Z Categories 7:00 Gaither's - Chn 8	HAPPY BIRTHDAY Roslyn Birch 7th Connie Bergland 18th John Hagberg 21st Lucy Anderson 31st		HAPPY ANNIVERSARY Richard & Irene McGlynn January 21st

Health Center - 3rd Floor

JANUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																
ALL Activities Are Subject To Change	1 10:45 Hangman: New Year's 3:30 Cocoa w/Winter Stories & Poems	2 9:45 Cathedral Quartet 10:35 Chapel Winter Decor 4:30 Rhyme Time 7:00 Ace Holsinger Chapel	3 9:30 Catholic Com. 10:30 Bingo 1 - 2 Dakim 2:45 Bowling 4:30 Mixed-Up	4 10:00 Hymns #1 (L) * 10:30 Songs 1:30 - 1:50 Toby (dog) 2:45 Face Down 4:00 Exercise 4:30 Word Games	5 10:00 News Currents 2:45 Swedish Bread Social (2) 4:30 Crossword 7:00 Gaither's - Chn. 8	6 10:40 - 11:20 Bingo 2:30 Wilderness: River, Glacier, & Meadows																
	7 10:00 First Free Service 2:15 Scarf Category	8 9:30 - 11 Nice Nails * 11:00 Table Time 2:00 1st Covenant Com. 3:00 Card Games (2nd & 3rd) 4:15 The Waltons	9 10:00 Bible Reading 10:35 Chapel & Com. 2:30 Square Dancing 4:30 Hangman 1	10 *Bread Machine 9:30 Catholic Com. 10:30 Bingo 1:30 - 1:50 Mya (dog) 2:45 Bread & Butter 4:30 Hymns w/Deb	11 10:00 Biography 10:35 Chapel 2:45 Puzzles / Paint * 3:45 Teddy Bears 4:00 "Dance" 4:30 Crossword	12 10:00 Target Toss 10:30 Quotes & Jokes 2:30 Furry Friends Hospitality Court 4:30 News Currents 7:00 Gaither's - Chn. 8	13 10:40 - 11:20 Bingo 2:30 Wonders of Man's Creation															
	14 10:00 First Free Service 2:15 Mystery Ways & Devotions	15 10:00 Name that Tune * 11:00 Table Time 1 - 2 Variety Visits 2 - 4 Dakim 4:15 Carol Burnette	16 9:45 Winter Finale 10:35 Chapel 1 - 2 Room Reads 3:00 Service of Remembrance 4:30 Crossword 7:00 Cadbury	17 9:30 Catholic Com. 10:30 Bingo 2:30 Volleyball 4:30 A Journey Through Time	18 10:00 Karaoke Sing 1:30 - 1:50 Toby (dog) 2:30 - 4 Indoor Walks 4:00 Exercise 4:30 Hangman 2	19 10:00 News Currents 2:45 Birthday Party 4:30 Crossword 7:00 Gaither's - Chn. 8	20 10:40 - 11:20 Bingo 2:30 Wonders of Nature															
	21 10:00 First Free Service 2:15 Snowman Category	22 9:30 - 11 Nice Nails * 11:00 Table Time 1 - 2 Door to Door 2:45 Table Games 4:15 I Love Lucy	23 10:00 What Am I? 10:35 Chapel 1 - 2 Dakim 2:45 Resident Council Meeting & Election 4:30 Brain Buster 7:00 Lawrence Welk	24 9:30 Catholic Com. 10:30 Bingo 1:30 - 1:50 Mya (dog) 2:30 Make Play-Do 4:30 Outburst	25 10:00 Hymns #2 (L) * 10:30 Make Music 2 - 3:30 Coffee Shop 4:00 Exercise 4:30 Crossword	26 10:00 Snowball Fight 10:20 Winter Poems 2:45 Sonshine Gals & Social (3) 4:30 News Currents	27 10:40 - 11:20 Bingo 2:30 Wonders Sacred & Mysterious															
	28 10:00 First Free Service 2:00 Hallmark Movie: Chn. 8	29 10:00 Seeing Eye Dog Day / Angel Visit 1 - 2 Variety Visits 2:45 Play-Do 4:15 Victor Borge	30 9:45 Yellowstone 10:35 Chapel 2:30 Gabby Girls 4:30 Hangman 3 7:00 Sing-Along	31 9:30 Catholic Com. 10:30 Bingo 2:45 Art Hour 4:30 A-Z Categories	<u>HAPPY BIRTHDAY</u> <table style="width:100%; border:none;"> <tr> <td style="width:33%;"><i>Gertrude Hesselgrave</i></td> <td style="width:33%;"><i>5th</i></td> <td style="width:33%;"><i>Robert Tennant</i></td> <td style="width:33%;"><i>17th</i></td> </tr> <tr> <td><i>Alice Schaefer</i></td> <td><i>10th</i></td> <td><i>Gordon Mosby</i></td> <td><i>19th</i></td> </tr> <tr> <td><i>Donald Barnum</i></td> <td><i>13th</i></td> <td><i>Vivian Shields</i></td> <td><i>27th</i></td> </tr> <tr> <td><i>Shirley Walker</i></td> <td><i>16th</i></td> <td><i>Alyce Lewandowski</i></td> <td><i>28th</i></td> </tr> </table>			<i>Gertrude Hesselgrave</i>	<i>5th</i>	<i>Robert Tennant</i>	<i>17th</i>	<i>Alice Schaefer</i>	<i>10th</i>	<i>Gordon Mosby</i>	<i>19th</i>	<i>Donald Barnum</i>	<i>13th</i>	<i>Vivian Shields</i>	<i>27th</i>	<i>Shirley Walker</i>	<i>16th</i>	<i>Alyce Lewandowski</i>
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